



جامعة البصرة/كلية التمريض



University of Basrah/College of Nursing

وصف البرنامج الأكاديمي

## Academic Program Specification

Baccalaureate of Science in Nursing	١. اسم البرنامج Programme Title
University of Basrah	٢. المؤسسة التعليمية Teaching Institution
College of Nursing	٣. الكلية College
Fundamental of Nursing	٤. الفرع Department
Fundamental of Nursing II	٥. اسم المقرر Subject name
Semesters	٦. النظام الدراسي Attendance Type
First academic year	٧. الفصل الدراسي Academic Session
6 SCH	٨. عدد وحدات البرنامج Credits
National committee of nursing colleges	٩. الجهة المعتمدة للبرنامج Programme Accredited
I. A. Bashar R. Muhammad Ali	١٠. اسم منسق البرنامج Programme Coordinator
September 1 <sup>st</sup> . 2016	١١. تاريخ البرنامج Date of Programme

## Foundations of nursing / Theory أساسيات التمريض

**1- Course Number:** (107)

**2- Credit hours :**(8) credit

**3- Course calendar :**(3) hours weekly of (15) weeks

**4- Placement:** First academic year / Second semester

**5- Course description:**

This course explores the major concepts and related theories underlining the nursing profession. It enables students to identify nursing as a scientific knowledge bases and skillful practice that are used to help individuals, families and society with maintaining and improving their health, holistic care, and case based learning will be emphasized.

**6- Course objectives:**

At the end of the course the student will be able to:

1. Realize the health concept as it relates to the whole person.
2. Identify the importance of self-awareness to nurses.
3. Utilize the nursing process as a framework in providing nursing care for client with selected alterations in functional health patterns.
4. Describe the principles underlying effective recording and reporting- documenting of nursing interventions.
5. Describe the importance of theory in nursing.
6. Understand the process of communication.
10. Apply the principles of adult education in teaching clients.

## 7- Course Outline:

Part	Course outline	Hours	Week	Teacher
<b>Part I:</b>	<b>Patient's needs rest and sleep</b>			
	Physiology of sleep Functions of sleep, sleep phases, sleep cycles Factors affecting sleep Sleep assessment Common sleep disorder	<b>3</b>	<b>1</b>	
<b>Part II:</b>	<b>Nutrition</b>			
	Human nutritional needs Nutritional standards Nutritional status assessment Factors affecting nutrition Management of problems interfering with nutrition Common hospital diet	<b>3</b>	<b>2</b>	
<b>Part III:</b>	<b>Fluid and chemical balance</b>			
	Body fluids, electrolytes and acid-base balance Fluid volume assessment Factors affecting body fluid, electrolyte and acid-base balance Common fluid imbalance	<b>3</b>	<b>3</b>	
<b>Part IV:</b>	<b>Oxygenation</b>			
	Overview of anatomical and physiological of breathing Assessing oxygenation Oxygen therapy Alteration in respiratory function		<b>4</b>	
<b>Part V:</b>	<b>Midterm exam</b>	<b>3</b>	<b>5</b>	

<b>Part VI</b>	<b>Urinary Elimination</b>			
	Overview of urinary elimination Characteristics of urine Abnormal urinary elimination patterns Assisting client with urinary elimination	<b>3</b>	<b>6</b>	
<b>Part VII:</b>	<b>Bowel elimination</b>			
	Physiology of defecation Assessment of bowel elimination Common alterations in bowel Measures of promote bowel elimination Ostomy care	<b>3</b>	<b>7</b>	
<b>Part VIII:</b>	<b>Pain management</b>			
	The process of pain Pain theories Types of pain Pain assessment Pain management	<b>3</b>	<b>8</b>	
<b>Part IX</b>	<b>Pre-operating nursing care</b>			
	Type of surgery Preoperative phases	<b>3</b>	<b>9</b>	
<b>Part X:</b>	<b>Intra and postoperative nursing care</b>			
	Intra operative phases Post-operative phases	<b>3</b>	<b>10</b>	
<b>Part XI:</b>	<b>Death and dying</b>	<b>3</b>	<b>11</b>	
	<b>Terminal illness and care</b> <b>Stage of dying</b> <b>Promoting acceptance</b> <b>Grieving</b>			
<b>Part XII</b>	<b>Midterm exam</b>	<b>3</b>	<b>12</b>	

## 8. laboratory Course outline:

<b>Part 1:</b>	<b>Injection of medication</b>			
	Injection of medication	12	8-9	
<b>Part II:</b>	<b>Intravenous infusion</b>			
	Intravenous infusion	6	10	
	9.1. Blood transfusion	6	11	
<b>Part 111:</b>	<b>Enema</b>	<b>6</b>	<b>10</b>	
<b>Part 1V:</b>	<b>Catheterization</b>			
	Catheterization	3	12	
<b>Part V:</b>	<b>Gastric intubation ( gavage and lavage)</b>			
	Gastric intubation (gavage and lavage)	3	13	
<b>Part VI:</b>	<b>Handling sterile equipment Thoracentesis and surgical scrub</b>			
	Handling sterile equipment Thoracentesis and surgical scrub	3	14	
<b>Part VII:</b>	<b>Hot and cold applications</b>			
	Hot and cold applications	3	14	
<b>Part V111:</b>	<b>Midterm Exam</b>	<b>6</b>	<b>15</b>	

## 10. Learning Resources:

Board, overhead projector, handouts, posters, CD's, and movies.

## 11. Teaching/ Learning Strategies:

Lectures, group discussion, clinical conference, and group projects., lab. and clinical settings.

## 12. Students Evaluation:

1. 1 <sup>st</sup> . theory exam,	7.5%
2.2 <sup>nd</sup> . theory exam.	7.5%
3.Quizzes	5 %
4.Laboratory evaluation	40%
2.Final Exam	20%
3.Final lab. exam	20 %

-----  
Total

100%

### 13. References :

- Taylor, C. ; Lillis, C. Brunner, L.; LeMone, P.; Lynn, P. : Fundamentals of nursing , seventh ed., New York, Lippincott Co., 2011.
- Malak, M. and Al-Maharmeh, A. ; Fundamentals ( Foundations ) of Nursing , First Edition , Amman: Dar Al bedaia , 2009 .

### 14.Support for Student Learning

The department support of student learning by:-

1. All students have a senior tutor who will provide support including pastoral and welfare.
2. The year directors and head of department are available to give help and advice.
3. Students work in pairs on the projects, which are supervised by a member of academic staff.
4. Most courses provide printed lectures notes, problems sheets and practical exercises and also can be obtained from the departmental office and website.
5. Members of staff are happy to give help and advice.
6. The department runs teaching laboratories and each laboratory has a coordinator who reports to senior academics.
7. A member of quality assurance in university will visit the student during the course to ensure satisfactory program.
8. There is library provision and computer room within the department and at college level.
9. In the final year, students will have a local project supervisor, with whom they will meet regularly and he will be responsible for their activities

#### *University Support for Student Learning:*

1. library services.
2. computer workstations.
3. Careers Advisory Service.
4. disability coordinator.

### 15. Methods for Evaluating and Improving the standard of Learning and Teaching

The quality of the program:

- 1- Students provide a feedback at the end of unit, which are used to review and improve the unit.
- 2- The department management board and academic staff with students, which meets regularly, and provides a forum where any aspect of the teaching can be discussed.
- 3- Student membership of the department and faculty management board.
- 4- The discussions of the students with personal tutors and the Directors of Studies

for each year.

### ***Assuring and enhancing the quality of the programme:***

- 1- The programme is periodically reviewed by external examiners.
- 2- Annual evaluation of each unit by the coordinator.
- 3- Periodic programme reviews by academic staff.
- 4- External check up by the Quality Assurance of college.
- 5- The department external advisory panel, which includes representatives from students and industry and advisers on this course.
- 6- All academic staff regularly undergo observation of their teaching by colleagues.

### **16.Methods for Evaluating the standard of Learning and Teaching of lecturer**

- 1- Evaluation of academic staff member by the head of department according to form No. 1.
- 2- Evaluation of academic staff member by students according to form No. 2.
- 3- Evaluation of academic year units by students according to form No. 4
- 4- The evaluation process are supervised by a head of quality assurance at college.

### **17.Selection of academic staff members**

- اختيار اعضاء هيئة التدريس وتعينهم وفقاً لشروط وزارة التعليم العالي بالاضافة الى
١. اختيار عضو هيئة التدريس من ذوي الاختصاص والتميز والخبرة والكفاءة العلمية العالية.
  ٢. اختيار عضو هيئة التدريس من خريجي الجامعات المعترف بها والمتميزة اكاديمياً.
  ٣. اختيار عضو هيئة التدريس وفقاً لمعايير الجودة من حيث الدرجة العلمية ونشر البحوث في مجلات عالمية ذات معامل تأثر والمؤلفات واجادة اللغة الانكليزية المشاركة في المؤتمرات وورش العمل.
  ٤. اجراء المقابلات الشخصية لتقييم كفاءة عضو هيئة التدريس المتقدم لشغل الوظيفة.
  ٥. تقييم أداء عضو هيئة التدريس خلال السنة الاولى من ممارسته لمهامه الاكاديمية والبحثية وذلك قبل تنصيبه.

### **18.Academic program management requirements**

١. وجود نشرة تعريفية للقسم تحتوي على اهداف القسم ورؤيته ورسالته ومدى الالتزام.
٢. وجود رئيس قسم ذي خبرة اكاديمية وإدارية مناسبة في مجال التخصص لإدارة البرنامج الاكاديمي والقسم والارتقاء به.
٣. وجود مجلس قسم ولجان مساندة تجتمع بانتظام وتوثق اعمالها وتتابع قراراتها.
٤. مشاركة الطلبة في عملية صنع القرار، والحصول على التغذية الراجعة منهم.
٥. توفر كادر اداري كافاً ومناسب لضمان حسن سير العمل في القسم.
٦. توفر الكوادر الفنية المؤهلة لخدمة البرنامج الاكاديمي.
٧. تنمية وتطوير المهارات والقدرات الفنية والمهنية للكوادر المساندة في مجال التخصص لمواكبة التطورات الحديثة

٨. توفر ارشيف متكامل للقسم.
٩. وجود برنامج تعريفي وتوجيهي للطلبة الجدد.
١٠. وجود دعم اكايمي للطلاب خارج نطاق المحاضرات.
١١. وجود استقلال اكايمي وإداري لتحقيق اهداف القسم

م.د. عادل حسين علي  
معاون العميد للشؤون العلمية

م.د. سندس باقر داود  
رئيس الفرع العلمي

أ.د سميرة محمد ابراهيم  
مسؤول الجودة

أ.د. عبدالامير عبدالله يعقوب  
العميد